

## Before getting started, I would need to ask you first this:

### Have you ever received the Lord Jesus Christ as your Lord and Savior?

I need you to know that only Jesus can set you free as He did with me, not only from this addiction but from the emptiness that we carry in our hearts.

God sent his only begotten Son to the world, Jesus, in order to forgive us of ALL of our wrongdoings through His death at the cross. This is a FREE GIFT that God the Father has given to us. This invitation has been open to EVERYONE.

The only thing that God needs from us is this, that we open our hearts and that we acknowledge that have offended Him because of our sins.

This is what the Word of God says:

### 1 John 1:8

If we claim to be without sin, we deceive ourselves and the truth is not in us.

### Romans 3:23

For all have sinned and fall short of God's standard.

### Romans 5:8

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

### If you are willing to receive this gift of salvation please say this prayer:

"Father, I know that I'm far from you but I believe that you sent your Son, Jesus, in order to die for all of my sins. I know that I'm a sinner and that I'm far from you because of them. I'm in desperate need of your forgiveness so I repent for all my wrongdoings and I'm sorry for trespassing your boundaries. Lord Jesus, I believe that you are the Son of God, that you died but that you also rose again and are alive today. I now accept your forgiveness and accept you as my Lord and Savior. I ask you to come into my heart and to set me free from every addiction and emptiness that is in my life.

In the name of Jesus I pray."

Before going through these steps you will need to get a pen and paper. Please know that it's very important that you say every prayer verbally, otherwise, it will not be effective.

# **1.** Write down the names of every single person you've been sexually involved with except for your spouse if you're married.

## 2. Repent to the Lord by saying this prayer:

"Father, I confess to you all of my sexual sins. Forgive me for allowing these sins to rule my life and for every ungodly soul tie that was formed in my heart as a result of fornication and adultery. I choose to give myself completely to You because only You have the power to set me free. Thank you, Father, I receive your forgiveness and your cleansing. In the name of Jesus I pray – AMEN."

# **3.** Command the soul ties to be broken by saying this prayer for every single person on the list:

"I now renounce the ungodly soul tie that was formed between me and [NAME OF THE PERSON] and I command it to be broken from my heart right now in the name of Jesus."

## 4. As you think of every REPETITIVE and OLD lustful image say this prayer:

"I now renounce the ungodly soul tie that was formed in my heart as I watched that (woman in the movie, woman in the magazine, etc.) and I command it to be broken right now in the name of Jesus."

## 5. After you have finished breaking every soul tie declare this:

"Satan, you have no legal right in this house anymore. I declare that each demonic soul tie that was mentioned is now destroyed in the name of my Lord Jesus Christ. All of you demonic spirits that came as a result of those soul ties, I COMMAND YOU TO LEAVE RIGHT NOW in the name of Jesus Christ."