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This is not where the story ends. My deliverance from pornography had progressed considerably but it still wasn't finished. Even though I had completely shut the door to my involvement with pornographic material I would still get lustful images in my mind from time to time. Every time it happened I would continue doing what I learned to do in the past: I **rebuked** and I **resisted**. Everything stayed pretty much the same until one day I came across a very important truth that would change my life forever. One Friday night I came to my church and somebody had brought a video that a small group was watching. In this video there was a man teaching about soul ties and he explained what they were and how it was possible to remove them from your life. That was the first time I had even heard of such a thing. He explained that **a soul tie is a bond connecting two people that is formed by having sexual intercourse or by spoken words**. He continued by saying that the only way one could ever brake free from a soul tie was by making a specific prayer that I will share with you in the next section.

I would like to mention that in the Bible you will not find the term "soul tie" but rather it's referred to as "two becoming one flesh" (Gen 2:24; 1 Cor 6:16). There are good and evil soul ties. The good soul ties are the ones that God has established through these similar relationships: husband and wife, family and friends, etc. Evil soul ties are simply the ones that contradict and violate this order. God never intended for sex to be an act performed outside of marriage but in today's society that would be such an outrageous idea.

Let's read and understand what the Lord Jesus taught us about lust:

Matthew 5:27-28
"You have heard that it was said to those of old, 'You shall not commit adultery. But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart."

What is meaning of this? Jesus is simply explaining to us that If we ever look at a woman with lust in our hearts then it's no different than having sexual intercourse with her!

Having discovered the truth about soul ties along with this teaching, I finally understood the reason why the lustful thoughts would only leave temporarily. As I previously said, one of the ways that soul ties are formed is by having sexual

intercourse with another person. From the spiritual point of view, every time we watched those X-rated movies and magazines and we were lusting after the women, an ungodly soul tie was formed in our hearts EVERY SINGLE TIME! Once I understood this reality I knew what to do the next time those images would fill my mind. You have to understand that these were not new images but OLD images of lust. These were images that reminded me of movies or pictures that I had watched before becoming a Christian. These were images of women that I had lusted for in the past. Thus, an ungodly soul tie was formed in my heart still connecting me to them. This was the only reason why those images kept reappearing time after time and would have kept reappearing had I not learned the truth about soul ties and how to sever them.

It would be impossible for most of us to remember all the times we have ever looked at a woman lustfully and the good news is that we don't have to. You will know when you are still bound to an ungodly soul tie when you get repetitive images of a woman you've lusted for in the past whether it was an X-rated movie, a picture, or a past relationship.

We have two great aids to help us identify an ungodly soul tie:

1. The Holy Spirit: He will help you by bringing to your remembrance every ungodly soul tie that continues to be inside your heart.
2. Repetitive Thoughts: When in your mind you play lustful images of women that you have seen in the past over and over then that's a sign that an ungodly soul tie was formed in your heart with those women.

I would constantly have repetitive thoughts about scenes of X-rated movies that I had watched many years ago or images of women that I had lusted for in years past. As soon as that image reappeared in my mind I would take authority and pray the prayer to brake that soul tie and it would immediately be gone. Those thoughts would stop coming back to my mind! The blood of Jesus would wash it away EVERY SINGLE TIME and EVERY SINGLE TIME I felt a weight being lifted off. Hallelujah!!