



◀ My Story ▶

Like every single man on the face of the earth, I would constantly lust after women even after becoming a Christian back in the year 2001. My struggle in this area began ever since I was 10 years old. One day I was invited to one of my friend's house and we just started watching an X-rated movie that my friend's dad had hidden in his closet. As I watched intently the spirit of lust was transferred immediately from the movie into my life. With the passing of time I became more and more addicted to the point that I would have sexual fantasies with almost every woman that I saw. My mind was completely saturated with images from pornographic movies and magazines that I would see every single day. Having been involved with this kind of addiction for many years I now was struggling with living a life of sexual purity after giving my life to the Lord Jesus Christ. In my early years as a Christian I would have to constantly repent before the Lord. I would get on my knees and say to Him, "Father, you know that my desire is to do the right thing but I keep on giving in!" There would be a continual fight with lust even though I was trying my best to renew my mind by reading the Word of God. Yes, learning the truths about who I was in Christ made my struggles lessen but I still could not find complete freedom in this area of my life. Many of you and I dare to say more than 90% of you who are Christian men are in the same predicament that I was. I was so desperate that one day I prayed to the Lord, "Father, put inside of me a hatred against this sin." I was getting very tired of this weakness because I knew that it was hindering my spiritual growth.

The Lord very patiently continued teaching me from His Word how to fight this stronghold. I had to learn the authority that I had in the name and the Blood of Jesus and I also had to learn who my enemy was. The Word says that we do not fight against flesh and blood but against evil spirits (**Eph 6:12**) The Holy Spirit showed me that the lustful thoughts were not originating from me but from Satan and he was the one placing those thoughts in my mind. This freed me from having any feelings of guilt because now I knew that my mind was being attacked by the enemy. As I read the gospels I realized that I could command demons to be cast out in the name of Jesus and they would ALWAYS have to obey me. By learning how Jesus casted out demons I now understood that I was to call that evil spirit by its name. Yes, we know that his name is Satan but he's the commander in chief and under him we can find a hierarchy of demons that serve him to steal, kill, and destroy the joy and peace we have in the Lord Jesus Christ. I later learned that this type of oppression came specifically from a demon named "lust".

With this information in hand I now had the authority and the name of the demon I was coming against.

Every time I would get a lustful thought I immediately rebuked the demon of lust by saying "Demon of lust, I bind your thoughts against my mind and I command you to leave right now in the name of Jesus" and he would have no other choice but to

depart. At first, the thoughts did not leave as fast as I wanted them to leave but it would eventually happen. This is how I was engaged in spiritual warfare and the lustful thoughts would become less and less the more I exercised (spoke) my authority in Him. Then I also learned that demons would insist in returning to the house they left because they need to satisfy the hunger that their nature demands. A demon of lust would of course hunger for sexual sin. The same would be for a demon of depression that hungers for that depression. Whatever their nature is, they need to get a dose of their own oppression or else they would have to find another house to satisfy their insatiable cravings.

This is why the Bible tells us this:

James 4:7

Submit yourselves therefore to God. Resist the devil, and he will flee from you.

Every demon that exists on the face of the earth is an addict to their own nature. A very good and more visible example of the nature of a demon is someone who is a drug addict that needs to get high in order to satisfy their craving. But let's not point the finger too far because we could also use ourselves as an example. Right? As Christians carrying the name and the power in the name of Jesus we need to resist that lustful thought and rebuke the demon that is filling our minds with this garbage.

Soul Ties

This is not where the story ends. My deliverance from pornography had progressed considerably but it still wasn't finished. Even though I had completely shut the door to my involvement with pornographic material I would still get lustful images in mind from time to time. Every time it happened I would continue doing what I learned to do in the past: I **rebuked** and I **resisted**. Everything stayed pretty much the same until one day I came across a very important truth that would change my life forever. One Friday night I came to my church and somebody had brought a video that a small group was watching. In this video there was a man teaching about soul ties and he explained what they were and how it was possible to remove them from your life. That was the first time I had even heard of such a thing. He explained that **a soul tie is a bond connecting two people that is formed by having sexual intercourse or by spoken words**. He continued by saying that the only way one could ever brake free from a soul tie was by making a specific prayer that I will share with you in the next section.

I would like to mention that in the Bible you will not find the term "soul tie" but rather it's referred to as "two becoming one flesh" (Gen 2:24; 1 Cor 6:16). There are good and evil soul ties. The good soul ties are the ones that God has established through the following relationships: husband and wife, family and friends. Evil soul ties are simply the ones that contradict and violate this order. God never intended for sex to be an act performed outside of marriage but in today's society that would be such an outrageous idea. Can you handle the pressure?

Let's read and understand what the Lord Jesus taught us about lust:

Matthew 5:27-28

"You have heard that it was said to those of old, 'You shall not commit adultery.' 28 But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.

What is meaning of this? Jesus is simply explaining to us that If we ever look at a woman with lust in our hearts then it's no different than having sexual intercourse with her!

Having discovered the truth about soul ties along with this teaching, I finally understood the reason why the lustful thoughts would only leave temporarily. As I previously said, one of the ways that soul ties are formed is by having sexual intercourse with another person. From the spiritual point of view, every time we watched those X-rated movies and magazines and we were lusting after the women, an ungodly soul tie was formed in our hearts EVERY SINGLE TIME! Once I understood this reality I knew what to do the next time those images would fill my mind. You have to understand that these were not new images but OLD images of lust. These were images that reminded me of movies or pictures that I had watched before becoming a Christian. These were images of women I had lusted for thus an ungodly soul tie was formed in my heart still connecting me to them. This was the only reason why those images kept reappearing time after time and would have kept reappearing had I not learned the truth about soul ties and how to sever them.

It would be impossible for most of us to remember all the times we have ever looked at a woman lustfully and the good news is that we don't have to. You will know when you are still bound to an ungodly soul tie when you get repetitive images of a woman you've lusted for in the past whether it was an X-rated movie, a picture, or a past relationship.

We have two great aids to help us identify an ungodly soul tie:

1. **The Holy Spirit:** He will help you by bringing to your remembrance every ungodly soul tie that continues to be inside your heart.
2. **Repetitive Thoughts:** When in your mind you play lustful images of women that you have seen in the past over and over then that's a sign that an ungodly soul tie was formed in your heart with those women.

I would constantly have repetitive thoughts about scenes of X-rated movies that I had watched many years ago or images of women that I had lusted for in years past. As soon as that image reappeared in my mind I would pray the prayer to brake that soul tie and it would immediately be gone. Those thoughts would stop coming back to my mind! The blood of Jesus would wash it away EVERY SINGLE TIME and EVERY SINGLE TIME I felt a weight being lifted off!!

◀ Steps to be Delivered ▶

Before getting started, I would need to ask you first this:

Have you ever received the Lord Jesus Christ as your Lord and Savior?

I need you to know that only Jesus can set you free as He did with me, not only from this addiction but from the emptiness that we carry in our hearts.

God sent his only begotten Son to the world, Jesus, in order to forgive us of ALL of our wrongdoings through His death at the cross. This is a FREE GIFT that God the Father has given to us. This invitation has been open to EVERYONE.

The only thing that God needs from us is this, that we open our hearts and that we acknowledge that have offended Him because of our sins.

This is what the Word of God says:

1 John 1:8

If we claim to be without sin, we deceive ourselves and the truth is not in us.

Romans 3:23

For all have sinned and fall short of the glory of God.

Romans 5:8

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

If you are willing to receive the gift of salvation please say this prayer:

"Father, I know that I'm far from you but I believe that you sent your Son, Jesus, in order to die for all of my sins. I know that I'm a sinner and that I'm far from you because of them. I'm in desperate need of your forgiveness so I repent for all my wrongdoings and I'm sorry for trespassing your boundaries. Lord Jesus, I believe that you are the Son of God, that you died but that you also rose again and are alive today. I now accept your forgiveness and accept you as my Lord and Savior. I ask you to come into my heart and to set me free from every addiction and emptiness that is in my life.

In the name of Jesus I pray."

Before going through these steps you will need to get a pen and paper. Please know that it's very important that you say every prayer verbally, otherwise, it will not be effective.

1. Write down the names of every single person you've been sexually involved with except for your spouse if you're married.

2. Repent to the Lord by saying this prayer:

"Father, I confess to you all of my sexual sins. Forgive me for allowing these sins to rule my life and for every ungodly soul tie that was formed in my heart as a result of fornication and adultery. I choose to give myself completely to You because only You have the power to set me free. Thank you, Father, I receive your forgiveness and your cleansing. In the name of Jesus I pray – AMEN."

3. Command the soul ties to be broken by saying this prayer for every single person on the list:

"I now renounce the ungodly soul tie that was formed between me and [NAME OF THE PERSON] and I command it to be broken from my heart right now in the name of Jesus."

4. As you think of every REPETITIVE and OLD lustful image say this prayer:

"I now renounce the ungodly soul tie that was formed in my heart as I watched that (woman in the movie, woman in the magazine, etc.) and I command it to be broken right now in the name of Jesus."

5. After you have finished breaking every soul tie declare this:

"Satan, you have no legal right in this house anymore. I declare that each demonic soul tie that was mentioned is now destroyed in the name of my Lord Jesus Christ. All of you demonic spirits that came as a result of those soul ties, I COMMAND YOU TO LEAVE RIGHT NOW in the name of Jesus Christ."